



St Christopher's Newsletter

St Christopher's Primary School

34 Roberts Road

AIRPORT WEST 3042

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PRINCIPAL:

Adrian Glasby

DEPUTY PRINCIPALS:

Colleen Mahoney
Faith & Organisation

Denis Johnstone
Students, Staff &
Community

Term 4, Week 7
17 November 2022

Message from Adrian

Dear parents and carers,

We are quickly approaching the end of the 2022 school year. It has been wonderful to have a full year at STC.

I would like to highlight the wonderful advent ceremonies that we have coming up soon. It has been a long time since we have had the opportunity to celebrate our faith together. I've been happily listening to our children prepare and have enjoyed the sounds of children praying and singing. Look out for some home activities that will be sent out about the advent ceremonies via Seesaw. Dates and times are listed below in our Religious Education section of the newsletter.

The oval has continued to get held up by rain. However over the last few days progress has been made. Looking at the weather ahead and the timelines I don't think we will have it up and running this school year. We continue to use every play area we have to make sure our students have enough room for play times. Obviously we had a few plans that required the oval as we finish off the year including:

- Junior School Sports
- Senior School Sports
- Family Christmas Movie Night

These events will go ahead and we are making alternate arrangements. Once they are fully organised we will let you know.

In this newsletter there is a flyer for our school disco. Thanks to the PNF for organising this event and the special goodies the children will be receiving. We will give these bags out at the end of the day.

Finally we really want your feedback on homework at STC. On Friday you will receive a survey that gives you the opportunity to give us feedback and help shape future direction.

Adrian Glasby
Principal

TERM 4 2022 Upcoming Dates & Events

NOVEMBER

- **Tuesday 22** - Grade 1 Excursion to the Zoo
- **Wednesday 30 to -** Year 6 Camp
- Friday 2 December**

DECEMBER

- **Monday 12** - Grade 6 Graduation
- **Monday 19** - **Last Day of the Year - 12pm finish**

2023 DATES

Friday 27 January - Staff return

Tuesday 31 January - First Day for Grades 1 - 6 students

Thursday 2 February - Preps First Day of School

Dear Parents and Carers,

Amazingly, we are passing the midpoint of Term 4 for 2022. Term 4 in schools is always a busy and challenging time as we work to help our students have a successful end to the year, while planning and mapping out an even better 2023 for them. Thank you to our students who have been terrific in working with us while the oval is being resurfaced. Thank you to all of the staff who have undertaken extra duties and commitments to provide the best opportunities for play and breaks that we can under the current circumstances. It has been challenging, but we are all working together and doing our best.

Here's hoping for some improved weather so we can best utilise our spaces and the oval refurbishment can get moving.

Celebrating our students' achievements - Cerrano Tossone 6W

Earlier this term one of our grade 6 students competed at the Victorian State Gymnastics Championships. Through his extraordinary efforts, Cerrano Tossone of 6W managed to achieve the overall Bronze Medal in the All Round category for under 14 boys. Cerrano managed some fantastic achievements including:

- Gold on the Rings
- Bronze on the Floor
- 4th on High Bars
- 5th on the Vault
- 5th on the Parallel Bars

I would like to congratulate Cerrano on behalf of the St Christopher's community on his tremendous efforts and achievements in gymnastics. We look forward to seeing your future successes in the sport. Well done Cerrano.



Wellbeing Science at STC

Last newsletter entry, I wrote about different positive coping strategies that we could implement during the times in our lives when we are feeling anxious or stressed. Doesn't this time of year bring many more opportunities for those feelings? This newsletter, I am going to write about a proactive concept that can help boost our Wellbeing even when we are feeling pretty good about ourselves, moving us closer to that elusive *flourishing* state - it's called **flow**.

Flow

Have you ever been doing something you really enjoy, and have just been totally immersed in that experience, so much so that you actually lose a sense of time as you are totally engrossed in said activity? Did you feel really sharp, on-point, hyper focused? How did you feel afterwards? A sense of contentment? Excitement? Well, chances are you have entered what researchers in Positive Psychology are calling *flow*.

You might have been playing sport, and been absolutely accurate with most things you tried and executed, some people call this *in the zone*. You might be working on a painting, or drawing, or cooking, or playing music or any number of other activities. The key here is, working on something that you get intrinsic enjoyment out of, that you are able to immerse yourself fully in and that you can get a sense of accomplishment from (remember the A in PERMAH?).

Research in this field has shown that people who regularly enter into states of *flow* experience higher levels of wellbeing than those who don't. And let's face it, it's really fun! Scheduling times for you to intentionally engage in activities and experiences that lead you to engage with *flow* should be part of your weekly life. It will boost your wellbeing, help you develop a love or strength and you'll feel happier and more content.

Child Safety

At St Christopher's we hold the care, safety and wellbeing of children and young people as a central and fundamental responsibility of our school. Our commitment is drawn from and inherent to the teaching and mission of Jesus Christ, with love, justice and the sanctity of each human person at the heart of the gospel (CECV Commitment Statement to Child Safety).

The person of each individual human being, in his or her material and spiritual needs, is at the heart of Christ's teaching: this is why the promotion of the human person is the goal of the Catholic school

(The Catholic School on the Threshold of the Third Millennium, n. 9).

For Child Safety related policies, head to our website and click on

Child Safety <https://www.stcapw.catholic.edu.au/>

To report any concerns about Child Safety please contact one of the STC Child Safety Team.

Stay safe, stay healthy, stay connected,

Denis Johnstone

Deputy Principal - Students, Staff, Community

Religious Education

Dear Parents,

On Friday our children paused to pray and remember those who sacrificed so much for us at our Remembrance Day service. Our School Captains and Vice-Captains led our prayers and readings, with Mr Glasby providing the address. We listened to The Last Post and paused for a minute of silence. Our children sang The National Anthem and we were very proud of the way that they conducted themselves in a respectful manner throughout service.

In Flanders Fields

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place: and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.
Take up our quarrel with the foe:
To you from failing hands we throw
The torch: be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

Each class had the opportunity to lay a wreath at our flag pole below the Australian flag, along with a school one. The class wreaths are now displayed in our school front office. Thank you to everyone who participated in the service.

Next Tuesday we begin the first of our Advent Celebrations. At 2.40pm underneath the COLA, the Year Prep and Year 6 families are welcome to come along to gather for prayers and carols with the children. I have sent a video home so that families can learn the words to the prayers and carols beforehand if they wish, so that they can join in. The video link went home on Tuesday 15/11, so please check your spam folder if you can't locate it.



The Advent Celebrations for weeks 2- 4 will be as follows:

- 29th Nov - grade 2 & 5
- 6th Dec - grade 3 & choir
- 13th Dec - grade 1 & 4

These will also be held under the COLA at 2.40pm. Approximately one week before the celebration, a video will be sent out via SeeSaw with the carols and prayers. Your child's teacher will send home information about what the children can wear for the Advent Celebration that they are involved in. If you have any questions, please contact your child's teacher.



All the best,

Colleen Mahoney
Deputy Principal of Organisation and Faith

BLACKOUT POETRY

Blackout poetry is when you take a piece of text from a book, newspaper, or magazine and edit and rearrange the words, in order to come up with your very own poetry! The wonderful poets in Mrs Saundry's writing groups from Years 3 & 5 have composed their very own black out poems for your reading pleasure!

YOUR TRUE SELF

By Mariana Tsoutras & Ashley Fraser

On this wonderful Earth
All of these things
Are the making of you.

But your true self is so much greater.

We all exist as individual people
But we're made of the same stuff.

We all share the same hope, fear, joy
and love.

WHO ARE YOU??

By Evie Jones

Your wonderful true self is so much right now.
You and your fellow travellers are made of the same stuff.
Hope. Joy. Fear and love.
But who are you?

FELLOW TRAVELLERS

By Elessia Gionfriddo

Much greater than tiny humans
All of these things
Are so true.
This wonderful little spaceship
We call Earth.

WE ARE ALL ONE

By Elijah Vicario & Mitchell Jarrad

Well, all of these things are the making of you
But your true self is so much greater.

Right now
You are human
One of the eight billion
In the multiverse on this place we call Earth.

And your fellow travellers are from the same place.
We all share the same hope, fear, joy and love.

YOUR NAME IS?

By Fiachra Halpin

Your name is just a little bundle of letters.
These vowels and consonants will not determine who you will be.
Somebody who loves you chose your name.
So value it.
And value you.

GOOD LUCK **By Sonny Laidler**

You're in charge.
You will first find things about yourself.
Second you will need to work hard.
You will be tested by events
And your qualities will be revealed.
I'm sure you're going to discover that
You're kind, hard-working and brave
enough
To be the best leader we ever had.

THE GREAT GREY CITY

By Olivia Montero

The great grey city all steel and stone.
Look close and with care you may find a forest.

A tiny, shiny beast.
An ant taking his treasure back home.
A river in the gutter where things drip and roll
riding the rush.

There is a cave on the underpass.
A pocket of stillness and shade softened with a
spice of green where sweet scents sway.

WAR

By Alessia Capozzoli

On the 25th of April
The big ships had come.
The world had shattered.

Grey sky and grey sea,
Red flowers bloomed,
Like spring blossoms.

Waves lapped bloodstain foam.
Men dug like wombats
Death was hunting
Coldness was in the earth,
Courage and compassion grew in dirt.

MY HEART **By Molly Kellett**

My heart is like a star shining bright.
Other times, my heart feels strong, reaching up to touch the clouds.
Sometimes it feels like blowing up in anger
But other times its cool and calm.
My heart can break and just needs a hug.
It can feel sad and scared
But the sun always comes out again
And my heart is glad.



AIRPORT WEST

Dear Parents & Caregivers,

Our Book Fair last month was a huge success! Thank you to all for your generosity in purchasing books for your children. It was encouraging to see them excited about books & reading! We achieved a total sales of \$5,826 and received **\$1,747.80** in commission to purchase new books for the library!

This was my first Book Fair and it was quite hectic at times, so your patience was much appreciated. 😊



Many thanks,

Kathleen Cefai
Library Technician

Please find a copy below of the 2023 Fee Structure for your perusal:



St Christopher's Primary School

34 Roberts Road Airport West 3042

ph 9338 3591 • www.stcapw.catholic.edu.au

2023 FEE STRUCTURE

1 Child		2 Children		3 Children	
Family School Fees	\$2,150	Family School Fees	\$2,150	Family School Fees	\$2,150
**Curriculum for 2023	\$ 500	**Curriculum for 2023	\$1,000	**Curriculum for 2023	\$1,500
1 ICT for 2023	\$ 70	2 ICT for 2023	\$ 140	3 ICT for 2023	\$ 210
TOTAL	\$2,720	TOTAL	\$3,290	TOTAL	\$3,860

PAYMENT TABLE FOR FEES, ICT & CURRICULUM

Direct Debit ONLY - Annual Payment

	1 Child Fees, ICT & Curriculum	2 Children Fees, ICT & Curriculum	3 Children Fees, ICT & Curriculum	Due Date
Annual	\$2,720	\$3,290	\$ 3,860	Please choose any day between 1 st & 28 th February

Direct Debit ONLY - Payment by the Term

	1 Child Fees, ICT & Curriculum	2 Children Fees, ICT & Curriculum	3 Children Fees, ICT & Curriculum	Due Date
Term 1	\$ 910	\$ 1100	\$ 1290	14th February 2023
Term 2	\$ 910	\$ 1100	\$ 1290	14th April 2023
Term 3	\$ 900	\$ 1090	\$ 1280	14th June 2023
TOTAL	\$ 2,720	\$ 3,290	\$ 3,860	

Direct Debit ONLY - Payment by the Month

	1 Child Fees, ICT & Curriculum	2 Children Fees, ICT & Curriculum	3 Children Fees, ICT & Curriculum	Gr 6 last child Fees, ICT & Curriculum	Due Date
February	\$ 272	\$ 329	\$ 386	\$ 340	Please choose any day between 1 st & 28 th of the month
March	\$ 272	\$ 329	\$ 386	\$ 340	
April	\$ 272	\$ 329	\$ 386	\$ 340	
May	\$ 272	\$ 329	\$ 386	\$ 340	
June	\$ 272	\$ 329	\$ 386	\$ 340	
July	\$ 272	\$ 329	\$ 386	\$ 340	
August	\$ 272	\$ 329	\$ 386	\$ 340	
September	\$ 272	\$ 329	\$ 386	\$ 340	
October	\$ 272	\$ 329	\$ 386	-	
November	\$ 272	\$ 329	\$ 386	-	
TOTAL	\$2,720	\$3,290	\$3,860	\$2,720	

FIRST AID

Dear Parents/Carers,

All Medical Plans (ie. Asthma and Allergy Action Plans) need to be supplied annually. They must be signed by a doctor and have the practice stamp attached.

Medical Plans and medication should be supplied promptly upon request.



HAYFEVER

It is currently Hayfever season (yippee!). A friendly reminder that antihistamine medication needs to be administered at home. We do not store or administer this at school.

Thanking you,

Natalie Brooks and Mardi Agnew
First Aid Officers

Canteen

Dear Parents/Carers,

Please contact the school canteen if you have a problem with your child's lunch order. Call the school on **9338 3591** and ensure you **press option 2** to speak to the canteen or alternatively email them on canteen@stcapw.catholic.edu.au

If your child will be absent, please make contact **before 9am** on the day if you wish to transfer the order to another day.

Thank you,
School Canteen staff.



2022

IMPORTANT DATES TO REMEMBER

Term 4

NOVEMBER

Tuesday 22
Wednesday 30 -
Friday 2 December

Grade 1 Excursion to the Zoo
Year 6 Camp

DECEMBER

Monday 12
Monday 19

Grade 6 Graduation
Last Day of the Year - 12pm finish

GRADE 6 GRADUATION **details for parents/carers to note**

Monday December 12th

- 5:30pm** - Dinner held with families
- 6:30pm** - Liturgy followed by Awards Ceremony with families
- 8:00pm** - Disco (students only)
- 9:30pm** - Children to be collected

2023

Friday 27 January
Tuesday 31 January
Thursday 2 February

Staff return
First Day for Grades 1 - 6 students
Preps First Day of School

StC PnF Presents...

STC DISCO DAY

StC PnF would like to thank our student and parent community for contributing so much to our events and fundraising for 2022.

To say thanks we are hosting the StC Disco Day.

All children will receive a zooper dooper (in their class), glow stick for the disco and a party bag at the end of the day to take home.

Party bag will contain:

Novelty Keyring / lollipop (various flavours) / Pkt Popcorn

WED

7TH

DEC

KIDS CAN DRESS IN
BRIGHT/NEON
COLOURS

DJ DEAN

ZOOPER DOOPER

GLOW STICK

PARTY BAG

FUN



GIRLS PLAY FOOTY TOO!

**St. Bernard's
Football Club is
looking for girls!**

**Register your interest
by scanning below.**



juniorpres@stbernardsfc.com.au



IGNITE A PASSION FOR THE GAME!



AIRPORT WEST FC - AUSKICK

Come try: 24th March (tbc)
 Start date: Friday 28th of April
 Time : 5pm -6pm
 Where: Hansen Reserve Airport West FC
 Contact: Jason Mason Mb 0425 367 420
 E. juniors@airportwestfc.com.au
 Register & Pay Online @ play.afl/auskick

play.afl/auskick

AIRPORT WEST FC REGISTRATION



HAVE FUN PLAYING FOOTBALL AND SOCIALISE WITH YOUR FRIENDS.
 JOIN A TEAM AT AIRPORT WEST FOOTBALL CLUB REGISTER TODAY TO SECURE YOUR PLACE IN A TEAM.



<https://airportwestfc.com.au/registration-fees/>

2023 Fee options

- \$485 total fees (no match fees) + merchandise gift
- Under 8's \$195 + merchandise gift
- Siblings + \$295 per child
- \$700 includes above + 1 social club membership + 2 tickets to club function + \$50 merchandise credit & photo.

(Payments can be in installments Nov-Feb- Apr).
 All registrations must be paid prior to round 2 of the season.

Register & pay on Nov 27th & go in the raffle for prizes

1. Pair of Football Boots for 2023 season
2. Mouth guard for 2023 season
3. \$50 Rebel Voucher
4. \$25 AWFC Merchandise voucher

UNDER 8,10,12,14 & 16
 BOYS & GIRLS TEAMS



SUNDAY 27TH NOVEMBER 10AM TO 12PM
 AIRPORT WEST FC CLUBROOMS ETZEL ST
 ENQUIRIES
 MB:0425 367 420 Jason
 E: juniors@airportwestfc.com.au